

Chelsea Cup is back!

The North Shore's premier tennis competition starts Friday 8 February. This is your opportunity to watch some of New Zealand's best up and coming tennis players in action on your doorstep.

Milford TC has entered the men's and women's competitions. See draws and results here:

<http://tennis.org.nz/InterclubCompetitionGradesList.asp?cnID=2990>

HOME Fixtures – commence 6.30 pm

Come along and cheer for Milford - refreshments available and you will be in for a feast of tennis. Invite friends and family – all are welcome!

8 February	Men v Northcote
15 February	-
22 February	Men v Ngataranga
1 March	Women v Campbells Bay
8 March	Men v Whangaparaoa
15 March	Women v Northcote
22 March	Men v Beach Haven

Semi-Final 5 April; Final 12 April

THE MEN (Champions 2016)

Matt Alexander is 26 years old and a Westlake old boy. He has played on the Futures Pro Circuit and has played several club tennis seasons in Germany. He plays Caro Bowl for Eden Epsom, Wellington Premier Interclub for Tawa and Canterbury Premier Interclub for Waimairi. Currently, he is pursuing a postgraduate Sports Science degree at Massey University and is the Development Coach at Tennis NZ.



Matt Alexander

Sion Wiggin (nickname Chief) continues to show loyalty to Milford, having been at the club since he was 6. Now 23 years old, Sion is representing Milford in Chelsea Cup for a 9th straight season. He also represented Tennis Northern as a junior. He is also a multi-talented racket sports player, having represented NZ in squash and racketlon (a combination of tennis, squash, badminton and table tennis). Watch out with this guys speed and determination because he will fight for every point on the court.



Sion



Ben Muller

Ben Muller 22 years old, Ben grew up in Whangarei and went to the US on a tennis scholarship in 2014. He graduated in May 2018 from McKendree University and is currently coaching at Tennis Northern. He plans to coach in Canada this year and to play Open Mens money tournaments in the Summer. Outside of tennis, he enjoys health and fitness and is a certified strength and conditioning specialist.

Matt Shearer - reached the semi-finals or the finals of several ITF doubles tournaments this year, plus reached the final of the National 16s doubles in January. Last Feb/March, Matt beat every number 1 player in singles in the top secondary schools grade in school tennis.



Matt (on right) & Dave O'Hare after winning the Auckland Champs Doubles



Sebastian Lavie

Sebastian Lavie Age 26; Former NZ Davis Cup Player and a former NZ #1 Junior.

2018 Caro Bowl Winner with Karaka Club.

Coaching Career - Seb has coached Top 100 ATP & WTA Players. He was the 2017 Tennis NZ Coach of the Year. He currently coaches Sasha Situe, the NZ Under 12s Champion.

Anton Shepp - one of NZ's top juniors, based in the Waikato. Reached semi-finals at the U16 Nationals (Singles) and won the Boys Doubles.

THE WOMEN – Defending Champions



Champions 2018 From left: Elyse, Sadheera, Briar Preston, Deshma, Kalais

Kalais Going (17) - Kalais has just finished her schooling at Tauranga Girls High and is hoping to attend college in the US on a tennis scholarship. Her first interclub match at age 9 she lost 9 -0. She came off the court crying and has since asked for regular coaching! Sports mad, she has represented at regional level in Surf Life Saving, Cross Country, Gymnastics, badminton and tennis. She plays soccer, table tennis and badminton socially. An S2 player, she recently won the Maori National Singles Title.

Deshma Weerapperuma (17) attends Westlake Girls. One of Tennis Northern and Milford's best juniors.

Elyse Tse (14) - Elyse is excited to play for Milford again in 2019. She has had a fantastic year, recently representing NZ for the December Showdown in Melbourne, and last month she won the Junior National Title to become both the NZ Girls 14u Singles and Mixed Doubles Champion.



Sadheera Weerapperuma (15): attends Westlake Girls. She has represented NZ in Australia. One of Tennis Northern and Milford's best juniors.

Dominique Match-Reynolds (18) - has been a member of Milford for 4 years. She has just finished school and will attend college in the States on a tennis scholarship.

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- **Milford Physio** - Ashley Lake, Lony Stewart and Sue Hinds offer innovative, advanced therapy for an active and healthy lifestyle. Not just physio - but also acupuncture, pilates and massage therapy. Grab yourself a Milford Physio leaflet from the Clubhouse, take advice from the professionals and hopefully avoid injury this Summer.
Special Offer for MTC members - 20% off sports massage, physiotherapy assessment, personal trainer initial assessment & Pilates classes. Contact Ashley 489 8607

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